

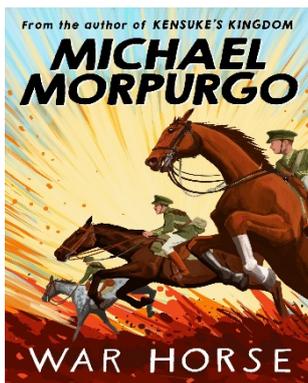
Hello Primary 5!

What a busy week it has been! My family and I have been in training for The Craigroyston Virtual Sports Day by doing lots of star jumps, sit ups, throwing and catching. It is amazing how many different ways there are to keep active indoors!

Hopefully, you will all be able to have a go at some of our virtual sports day events.



There are 8 different events, each should have a video clip of instructions, presented by some people you may recognise! You can keep your own scores and even send in pictures or video clips of you in action. I know that you are a really sporty bunch so I think you will all do well.



On a different note my family have been listening to the audio book of War Horse by Michael Morpurgo on BBC Radio 4. If you search for it there are 10 episodes read out and it is brilliant. Next, we might listen to Carrie's War, by Nina Bawden, about evacuated children in World war 2. There are a few other great audio books on the website so have a look if you can 😊

My daughter was keen to celebrate her pet tortoise's 1st birthday! She made a



birthday cake for Elsinia Bambino (yes, that's the name of her tortoise) with some of her favourite snacks of tomato, sweet corn, dandelion leaves and boiled egg! She absolutely loves boiled egg (but she isn't allowed too much). Ava wanted to make a party hat for Elsinia, but hats on tortoise's are not a good idea. Also, I hear

that some people even have pet snails! Wow 😊

Finally, I am so looking forward to seeing you all and catching up with all of your news. I hear that the lockdown is easing off so, **fingers crossed**, **touch wood** you will all be able to go outside more over the summer holidays! Keep smiling everyone.

All the best,

Mr Irwin