



Dear Primary 4R,

Attention all sports fans! Has lockdown made you restless? Do you long to run free? Well, do not fear- Craigroyston will be having our virtual sports day on **Thursday 18th June!**

Although we will not be giving scores to the children, there will be a house point for every child who sends a photo or video of them participating. They can post photos and videos on Facebook or send them to: admin@craigroyston-pri.edin.sch.uk

So now it's time to get practising and ready to have some fun. Here's a favourite game of mine to keep your fitness up in the meantime: "Freeze dance." Who doesn't like a good dance party? Shaking it off to a few favourite jams is a surefire way to get off the couch. To brush up on listening skills, try "Freeze dance." The rules are simple: dance when the music plays and when the designated DJ stops the music, everyone freezes.

As always, keep on the lookout for home learning on the school website or facebook page and hope you enjoy our virtual sports day!. You never know- you may just spot some teachers you recognise if you tune in! We hope this keeps you engaged and your spirits up. We are all so proud of you.

I hope you are all doing well and staying safe.
Miss you all lots, Miss Robertson :)